Seven but Equal, for a Plurality of Diverse Musicians

tobin chodos

These are seven ostinato figures.

1: Choose an ostinato and begin to play it - any instrument, any octave, any tempo, any articulation (any key, if you're singing).
2: Look around the room and find other people who seem to be playing the same ostinato as you. Move toward these people and form a group.
3: Synchronize your group's rendition of the ostinato. Eventually, every player in the room must be grouped according to ostinato, and each group must have settled on one synchronized rendition of the ostinato. Once this has been achieved - not before - the groups may begin to synchronize with one another. Listen to the other groups and figure out how your group's ostinato fits with the others. Adjust for pitch, tempo and blend.
4. It may take a while to settle into a comfortable groove; wait until it does. Once that happens, you may switch to another of the ostinati, without physically moving from your group.